This listing of claims will replace all prior versions, and listings, of claims in the application:

Listing of Claims:

Claims 1-7 (canceled)

Claim 8 (new): A prosthesis or orthesis for the foot, comprising limb forming components, which components comprise at least a lower leg portion, a front portion of the foot, and a toe portion which components are connected by pivoting couplings, and at least a first coupling element whose ends are coupled with said lower leg portion and said toe portion, such that the lower leg portion is able to rotate with respect to the toe portion around a center of rotation which is located at an imaginary intersection of the front portion of the foot and the said first coupling element.

Claim 9 (new): A prosthesis or orthesis according to claim 8, wherein said limb forming components and said first coupling element are arranged in such a manner that the center of rotation of the lower leg portion with respect to the toe portion is located essentially outside a predefined volume of space containing said limb forming compounds.

Claim 10 (new): A prosthesis or orthesis according to claim 9, wherein said center of rotation is located under the toe portion when the toe portion rests on a surface during walking.

Claim 11 (new): A prosthesis or orthesis according to claim 8 wherein said first coupling element is a spring.

Claim 12 (new): A prosthesis or orthesis according to claim 8 wherein there is a heel portion, which heel portion is connected to said lower leg portion by a pivoting coupling.

Claim 13 (new): A prosthesis or orthesis according to claim 12 wherein at least a second coupling element is present whose ends are coupled with said heel portion and said lower leg portion.